

The Most Improved Runner - Indoor Track

Year	Recipient
2026	Alex Kernisant '27 and Lawson Meyer '26
2025	Margaret Gilheany '26 and Ryerson Li '27
2024	Max Hilton '25 and Bridget Daly '25
2023	Leah Horgan '24 and Will Hagberg '25
2022	no recipient awarded
2021	no recipient awarded
2020	Crawford Seeley '22 and Sherry Qin '22
2019	Phin Hunt '22 and May Lumban-Gaol '19
2018	Lilly Howard '20
2017	Anna Moore '19, Baird Tuveson '18