



## Sprinting Into the New Year

Leo Teti '26

December 17, 2024 3:00 PM

*Highlights from Indoor Track's*

*Dec. 14 meet at Tower Hill*

*William Bido '25 sprints through his leg of the 4 x 200m relay.*

This past Saturday, Saints indoor track athletes piled into school vans and made their way to Tower Hill in Wilmington. Those same vans came home packed with wins, school records, and personal bests.



The boys team won every individual event, from the 55m through the 3200m, for the first time in school history. Collectively, the team broke seven school records and recorded 28 different new personal bests.

The meet kicked off with the boys 55m dash, in which Ethan Williams '26 came in first at 6.80 seconds, setting a new personal best. In the girls 55m, Tattanna Perkins '27 placed seventh with a time of 7.95 seconds, also securing a personal best. In the 55m hurdles, Jaxen Wingard '28 placed second, running all the way to a new school record with a 8.85-second finish.



*Coach Coach Kat Celata encourages Leah Horgan '25 as she begins the final lap of the 1600m race.*

Boys runners Wingard, William Bido '25, Calder Lopez '26, and Williams won the 4x200m relay with a time of 1:42.52.

In the boys 200m race, Williams again finished first with another personal best, 24.36 seconds. Burke Donovan '26 won

the 400m boys race with a personal best time of 54.78 seconds. In the 800m, Chris Onsomu '25 and Leah Horgan '25 each claimed first, Onsomu recording 2:04.82 and Horgan 2:24.32—a PR for Onsomu, and a new school record for Horgan. Turner Clark '25 also ran the 800m, crossing the line ninth with a PR of 2:42.96.

In the 1600m, Onsomu and Horgan each took first, and each, again, set a new PR and school record: Onsomu PR'd at 4:32.87, three seconds away from the record currently owned by cross-country coach Alex Horgan '18 (and brother to Leah Horgan) and Leah Horgan set a new benchmark at 5:11.92.

*Chris Onsomu '25 signals No. 1 as he crosses the finish line alone in the 1600m race.*

Finally, in the 3200m, Peter Bird '25 set a school record and won the race with a time of 9:44.18. Not to be outdone, Bird's brother, Henry '27, ran a personal best time of 9:44.52, which would have also broken the school record had his older brother not already done so by .4 seconds.



You can catch the Saints in action when they next compete, at Tower Hill on January 11, 2025.