



SPRINGTIME BRINGS SURPRISES

Prom weekend recap

KARA McDONOUGH '12

No Friday Study Hall. Late Friday Night Check-in. No Saturday Classes. Late Saturday Night Check-in. No Sunday Chapel. Prom weekend only comes once a year, and when it does, St. Andrew's does it big. This past Friday, St. Andreans gathered on the Front Lawn clad in their breeziest dresses and most dapper bowties to attend the Swing Dance.

The bright, jazzy music brought an upbeat atmosphere to the dance, and the musical group managed to keep most students dancing for the entire night. It was a nice change of pace from the typical rave that has taken place on the Friday of prom weekend for the past several years. After a lengthy and tiring night of dancing, the students retired to their rooms to rest up for a big Saturday. Many of the St. Andrew's sports teams, including women's and men's lacrosse, and baseball had games on Saturday

afternoon. Each team battled fiercely, and the games were highly attended by the St. Andrew's community. Most students spent the rest of the day preparing for the night's festivities; many groups of students went out to dinner in Middletown or cooked for their dates at a faculty house. Despite rainy weather, the Prom dance was also a hit. St. Andrew's men in their snazzy suits nicely complimented the elegant dresses modeled by the ladies that evening. Well-known DJ Will Gahagan was in charge of the tunes, and just off of the dance floor, a chocolate fountain seemed to be the center of attention. On campus security was at an all-time high on Saturday night as more teachers than students appeared to be roaming campus. These teachers were most likely searching for any signs of robbery, and were delighted to be keeping our community safe. Luckily, the students ended up in their rooms safe and sound with little collateral damage from any supposed burglar to be found. Both ladies and men's crew left early on Sunday morning to participate in the Cooper Cup, but the sunny weather brought many students to the front lawn for most of the day. All in all, prom weekend was a great success.

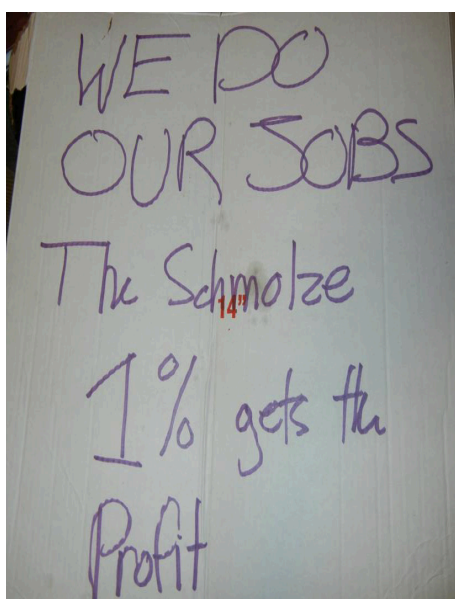


#OccupyChilders

KEVIN DOWLING '12 & CHAITANYA HARI SINGHANIA '12

Generations of Schmolzites have endured countless hardships on Mr. Childers' dorm, Schmolze. Finally, one brave group of patriots sought to restore democracy and equality to Schmolze. Fueled by dissent and a taste for the smoothies that have been hoarded by the 1% for so long, the infamous "Occupy Childers" or "#occupychilders2012" movement recently took off. With chants of "We are the 99%" and "Greek is the language of the 1%," unnamed organizers of this movement armed the 99% of Schmolze with cardboard signs that read "teeth time unfair" and "The 1% of Schmolze has all the smoothies, share the wealth!"

"We do all the work around here," says one sophomore boy (who asked that his name be withheld to ensure that he does not get marks); "we empty the trash, vacuum the hallway... all [Childers] does is order us around and profit from our



hard work."

Although the movement encountered resistance from a one-man conservative group, which attempted to thwart it by blocking the protest ground with a ping-pong table, the spirit of #occupychilders2012 could not be crushed so

See *Occupy*, p. 7

Prom night: the pilgrimage to "Mecca"

ANONYMOUS

As many students noted, all of the buildings were locked on Friday and Saturday night: the Field House, Amos and the Arts Center. Why? The exact reason is unknown, however, there are several rumors going around. Perhaps the most widely circulated explanation is that the locked buildings were an effort to conserve electricity. Interestingly enough, the only other night that all of the buildings were

locked was during Semi-Formal. This must have been a strange coincidence. It is also important to note that on a regular Saturday night when the buildings are open, the lights are rarely on. Is wasting electricity really the school's main concern? Although a bit radical, there have been some rumors that the locking of the buildings was religious in origin. One student looked behind him while walking on a trail and noted there to be ten other people also walking out to the fields. Perhaps there was some sort of religious ceremony that the teachers wanted the students to partake in out by the fields. Rumor has it that many of the students got the hint and assumed this Pilgrimage to Mecca, the holy land.

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The World

Editor—Kara McDonough '12

Heightening violence in Syria

KARA McDONOUGH '12

After four weeks of relentless bombardment by the Syrian envoy in opposition-held neighborhoods, surrounding countries ordered Syria to cease-fire. Syrian authorities disregarded this request and amped up their assault on the "Hom" rebels by sending in ground troops and tanks. This additional violence only adds to the hundreds of people that have been killed



in the past month as a result of the Syrian government's movement. The Friends of Syria group, which has members from over 60 nations, met in Tunisia and called for Syrian president Bashar al-Assad to resign. U.S. Secretary of State Hilary Clinton condemned Russia and China's support for him.

In response, Assad's regime staged a referendum on a new constitution and claimed the population was in overwhelming support of the revised document. The Assad regime is continuing to feel the international pressure and disapproval, but is still unwilling to back down.

Leap year: The extra second

JIANI CHEN '13

This year, you get an extra second!
2012 June 30, 23h 59m 59s
2012 June 30, 23h 59m 60s
2012 July 1, 0h 0m 0s

Leap year is an occurrence that we have all adjusted to by now, but did you know about the tiny little leap second that occurs almost as regularly as the leap year? International timekeepers first introduced the leap second in 1972 to make up for the Earth's unpredictable rotation. Without the addition of the leap second, the highly accurate atomic clock and the solar clock would inevitably drift further and further apart as our mother Earth began to rotate at a more leisurely pace. Leap seconds are necessary because the length of the mean solar day is increasing, and because the length of a second under Standard International units of measurement was already slightly shorter than the current value of the second of mean solar time.

You won't really notice the leap second... unless you're in charge of maintaining a critical system such as GPS, telecoms, and large complex databases. The current issue is that the cesium in an atomic clock oscillates 9,192,631,770 times per second. Should that be given preference over the earth's rotation? This question is one that we are facing today. Recently, a debate was carried on at the International Telecommunication Union (ITU) about whether the leap second should be abolished, in which case the occa-

Trayvon Martin case

KARA McDONOUGH '12

George Zimmerman, a 28-year-old community watch coordinator living in Florida, saw Trayvon Martin walking home from a convenience store with a pack of Skittles in hand. Zimmerman said he felt "threatened" by the 17-year-old, and followed Trayvon closely.

Zimmerman promptly called 9-1-1 and told the dispatcher: "This guy looks like he is up to no good or he's on drugs or something." Zimmerman was told by the police not to take further action, and replied by saying, "okay"

but continued to pursue the now-fleeing teenager. According to a report by ABC News, Trayvon's girlfriend, who was speaking to him on the phone at the time of the incident, reported hearing Trayvon say, "What are you following me for?" with Zimmerman responding, "What are you doing here?" shortly before shooting and ending Trayvon's life in cold blood.

This shooting erupted in the media, as attention was called to Zimmerman's unrepented display of racism, particu-

larly as Zimmerman was able to evade prosecution immediately following the incident. The media also highlighted the vague and absurd nature of Florida's Stand Your Ground law, which states "a person is justified in the use of deadly force and does not have a duty

to retreat if he or she reasonably believes that such force is necessary to prevent imminent death or great bodily harm to himself or herself." Later, on a live Fox News show, journalist Geraldo Rivera stated: "I am urging the parents of Black and Latino youngsters

particularly to not let their children go out wearing hoodies. The hoodie is as much responsible for Trayvon Martin's death as Zimmerman was." This ridiculous statement led to many live news anchors, including agencies such as CNN and MSNBC, to wear hoodies on live television in memory and empathy of Trayvon Martin. In the days since this incident, second-degree murder charges against George Zimmerman have been made public.



sional extra second would be added to the world's time. Countries such as France and the US proposed to ban leap second due to the immense technical troubles that comes along with this extra second. Other countries suggest that we wait until those seconds add up to a larger chunk of time to eliminate the unnecessary inconvenience.

In any case, the decision of whether to ask atomic clocks to hold their breath for a second so that the Earth's rotation can catch up is yet to be made. So, we get to experience this extra second this summer.

The plight of the Sophomore Class

CLARA LEE '14

"Hey, Ms. Beblo, can I buy S.E.X.?"
"How much is S.E.X., Ms. Beblo?"

If people did not hear the context of this conversation, they would assume that the entire sophomore class is going nuts, asking for sex. It is true, we cannot deny it, we are asking for S.E.X. (Apparently our class is the "chosen one" to actually learn sex from a textbook, joy to the world.)

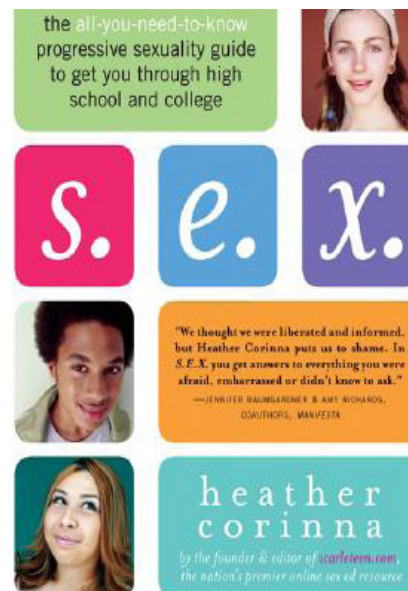
The first day of sex education class was a free association of words that came to our minds when we first thought of sex. The activity was mild at first, with a mention of words like breasts, boobies, and whores. But then the words associated to masturbation and "cunnilingus"... and well, I'll stop there. The second day was

even better. In AI's class, we saw a video in which millions of sperms ejaculated into an ovary. The music behind the video reminded me of a Star Wars theme song. It seemed like natural selection, the survival of the fittest. Somebody could have created a video game out of that film and made billions.

Now that I have set the backdrop for the main idea, it is time to talk about the actual textbook, S.E.X. It is described as "the all-you-need-to-know progressive sexuality guide to get you through high school and college" and it really does have everything, from a very graphic description of the human anatomy to "Popular Mechanics: The Ins and Outs of Partnered Sex." While learning sex through a book is the most moderate way to learn about sex education (or in fact, the only way to learn about sex education, since we can't watch pornography or obviously have sex), the book tells

you that ultimately the best way to avoid any STDs or STIs is to maintain abstinence. I think that as students, we should commit to this. One of "the top ten really crappy reasons to have (any sort of) sex with someone else" is being "bored or restless", which happens a lot here. So when you are bored, for God's sake, partake in one of the many activities on campus! Find

a hobby, go hang out with friends, read a book, see a movie, write a novel, clean your room, surf the Internet, do homework, play video games, etc... Having sex is definitely not the only option.



Art majors go national

LIZ POMEROY '12

This past spring break, 16 of us, 11 art majors, 3 photo majors, Mr. McGiff, and Mr. Meier, went on an adventure to the Fleischer's estate in Sonoma, California. From a long travel day beginning with Katie Toothman tweeting about our ride to the Philadelphia airport, to trying to



Photo courtesy of Calla Fleischer, P'12

All of the Art Majors pose for a photo in front of the Golden Gate Bridge

make it up the Fleischer's driveway in our 15 passenger creeper-van, we finally made it to what seemed like a palace on the hill. It looked out over a valley of vineyards, a scene that was the complete opposite of Middletown. For the next week we got a jump start to our mornings with Calla Fleischer ringing the breakfast bell. The sleepy artists congregated in the dining room, eating several bowls of cereal in silence, preparing for the hard task lying ahead of us, painting and taking photographs. Over the next few days, we painted the landscape around their property, we went to vineyards, painted abandoned houses, and even went into San Francisco for a day. Our day in San Francisco was one of the highlights of the

trip. After waking up way too early for vacation, we painted the Golden Gate Bridge underneath the blazing sun. This scene was outstanding; we were amidst children running around, joggers on the jog, and families having barbecues. We were going to paint more in the afternoon, but because

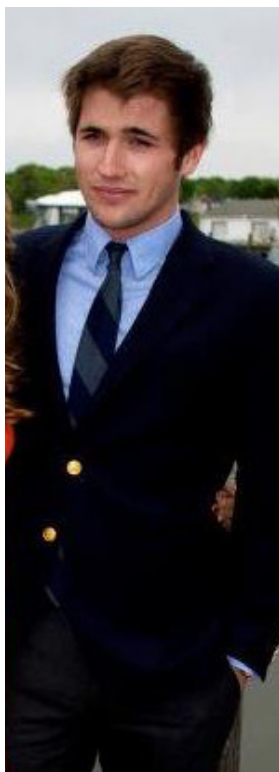
of the gorgeous weather, we decided to simply enjoy the day and explore the city. We walked around for several hours, seeing huge murals painted on every other wall, vintage clothing stores, and parks full of people enjoying the beginnings of spring.

To finish off the day, we congregated at a sushi restaurant and headed back to Sonoma, very full, but content. The last few days we lightened the workload by lounging in the afternoon, going on quick runs and then getting in the hot-tub, a diet coke in hand, until the dinner bell rang. Over the course of this week, we had a great time learning from the landscape, Mr. McGiff and Mr. Meier. However, the times we had surrounding the bonfire, or watching the sunset in the hot-tub, were just what we needed to bring us together after a morning of working on our own. We cannot thank the Fleischers enough for that amazing week, and we hope that the art majors next year enjoy themselves as much as we did.

Sky Jones — artistic mastermind

BUIE FOX '12

Sky Jones runs a close race with Peter Whitesell for the most interesting man at St. Andrew's. While Peter might be found out in the woods overlooking Noxontown Pond exploring new territory for his next fort, Sky, can most often be found seated at one of the school's better pianos, composing a new work. This spring, Mr. Jones chose to put a greater focus on his compositions, toiling away each afternoon in the Arts Center in front of a piano for his spring independent project. His most recent works will be featured by members of the orchestra this May at Art's Week-end.



Sky's creativity goes beyond the performance hall though. His

sartorial vision is something that even Mr. Chris Childers is jealous of. Sky is certainly one of the more fashion forward students on campus. He introduced raw denim to the school in the beginning of his junior year, though I doubt anyone except me noticed. Mr. Jones really does work towards a better-dressed St. Andrew's. Recently, he has moved away from his French selvage jeans to what he believes is the new trend in men's pants... Chinos. To quote Mr. Jones, "Chinos are the new jeans." This is not to say that Sky Jones goes entirely unnoticed. His wit, musical talent, and good looks have caused a fair amount of commotion over his three years at St. Andrews. His sophomore year he received 35 crushes. While that number has fallen slightly, he still plays host to the eyes of many. So much so that he is being painted by one of the art majors for the Art's Weekend show. I am sure that he will continue to surprise and dazzle us until the day he graduates.

The Arts



Hunger Games are worth it

KATNISS '09

Don't lie... you were intrigued when you saw the trailer for Hunger Games. And you may have even been one of the many St. Andrew's students to board the buses and see the movie on the big screen. Here's my take on the movie.

Usually when books are made into movies, the adaptation is terrible. Or the casting is just a disappointment. But the trailer for Hunger Games looked promising, so I figured there was no reason not to give it a shot.

It was everything that I'd hoped for: the parts that I was really excited about seeing enacted were all on par. The reaping scene in its entirety and Wes Bentley's portrayal of Seneca Crane were both outstanding. The arena was well conceived and I liked the unsettling feeling that something could emerge from the woods at any moment... especially because often times fireballs or giant mutts did. The actors for mentors Haymitch and Effie were well chosen, too. Haymitch's gruffness and sense of humor were intact, and Effie is just neurotic enough to also be morally complicated.

It's hard to talk about this movie without talking about the guys. This movie lays the groundwork for the love triangle between Katniss (Jennifer Lawrence), Gale (Liam Hensworth), and Peeta (Josh Hutcherson). Frankly, I don't know what to say. They're both hot. They're both earnest. The sexual tension is there and Peeta's longing is top notch. Gale does not get enough screen time, but the same goes for the book. Katniss is certainly out of touch with her emotions throughout, and

Peeta's struggle with unrequited love is evident.

I appreciated all of the forethought that went into adapting the book. The only subplot not included in the movie that I noticeably missed was the Avoxes. Avoxes are former district citizens who have had their tongues removed because they were traitorous to the Capitol. They were a fantastic symbol of the Capitol's cruelty in the book, but were not really acknowledged in the film.

I'm still not sure how I feel about Katniss. In both the book and the movie, she thinks of herself as an unwilling protagonist, even though she volunteered to protect her sister, Prim, in the first place. Though it all begins with one decision, this initial choice to volunteer is massive and has immediate rather



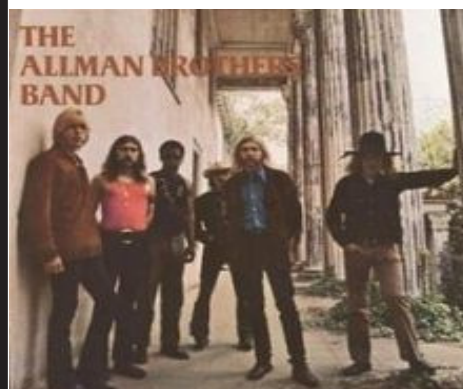
than eventual consequences. Plus, her survival skills always kick in at just the right moment. I am happy to accept Jennifer Lawrence as my mental image of Katniss, even if I think that she actually embodies her full power from the start.

I know that ultimately the movie needs to be analyzed as it stands instead of in comparison with the book; however, both were extremely successful. I was satisfied after seeing the movie, and I think that's a real triumph for a franchise film.



Spring Playlist

Maggie Rogers '12



1. Summer Night - Miles Davis
2. Wagon Wheel - Old Crow Medicine Show
3. The Letter - Joe Cocker
4. S Club Party - S Club 7
5. That's What's Up - Edward Sharpe & The Magnetic Zeros
6. Forget the Flowers - Wilco
7. Move - CSS
8. Melissa - The Allman Brothers Band
9. Foxey Lady - Jimi Hendrix
10. Don't Play No Game That I Can't Win - Beastie Boys
11. We Used To Wait - Arcade Fire
12. When The World Ends - Dave Matthews Band
13. Brandy - Looking Glass
14. Brand New Key - Melanie
15. This Year - The Mountain Goats

The Cardinal

Athletics

Editor—William Maas '12

Women's Crew



KATIE TOOTHMAN '12

Girls crew this year has taken Noxon-town Pond by storm. With Farmer Hurtt leading the charge, every boat has been working hard both on the water and off. The girls Varsity 8 broke the school record two weekends ago as they inched out Kent school along with four others. They also finished second at the Cooper Cup by a devastating one second. The girls second eight finished second at the Cooper Cup with an interesting protest that stopped the race when Bri Richardson fell off her seat during the start. Three weekends ago the 3rd boat won their race, and the freshman are proving themselves a strong class as they won the Cooper cup this past Sunday. Overall, strong crews this year from the girls side and every boat is looking to fly at Stotes in 3 short weeks!

Good Luck to all the teams and go get'em! #morethan-luck

Women's Tennis

KARA McDONOUGH '12

St. Andrew's women's tennis has started out strong this year, maintaining an undefeated record thus far in the season. Their force was particularly shown as they battled Westtown School, led by their fearless Canadian Coach, eh? The St. Andrew's team boarded the vans to the far-away land of West Chester, PA not really knowing what to expect, but each putting their best, sparkling white tennis shoe forward. The Westtown players presented a competitive matchup, but our lady Saints were ready for 'em. The three singles players handled their opponents beautifully, clouting their opponents with consistency even as their Westtown opponents amped up their games. The Saints doubles teams also remained cheery and not seemingly competitive as they used killer groundstrokes and powerful volleys to crush their opponents. The Saints played with grace and composure, which led to their 5-0 win. They look forward to the rest of their matches this year.



Eliza Calkins plays her hardest in a match against Tower Hill

Men's Tennis

MICHAEL DING '12

One of the great moments of this season took place as the Saints played Tatnall at home; the pre-match excitement started in the Thursday school meeting and was sustained throughout the afternoon. The Boy's Varsity Tennis Team was focused on playing their best games and was helped tremendously by the supportive crowd. Halfway into the match, much of the student body came rushing over to the courts, some with plates of food (the match ran into dinner). It was quite possibly the largest body of students and faculty at a tennis match. Their energy and support was of great help to the team and made for an amazing end to the afternoon as well as a firm example of the school's sense of community.

Men's Baseball

JAKE MYERS '12

The St. Andrew's Varsity baseball team has had an up and down season. We recently killed Stanford 11-1, causing the game to end early due to a five inning mercy rule. Thus far, we are 3-9, losing close games to Tower Hill, Tatnall, St. Thomas Moore and Westtown. With six games remaining, the Saints are staying positive, as the next 7 games are very winnable.

"MAN IS LEAST HIMSELF WHEN HE TALKS IN HIS OWN PERSON. GIVE HIM A MASK AND HE WILL TELL YOU THE TRUTH"
OSCAR WILDE

Athlete of the fortnight: Sam Cochran

KARA McDONOUGH '12



The Men's Varsity Baseball team rarely gets the limelight. So unless you are one of the few to stop by the luscious green baseball fields recently, you probably haven't heard about the most recent athlete of the fortnight, 3rd Former Sam Cochran. This freshman boy has rightfully earned his spot on the Varsity squad, displaying exceptional hitting skills when it matters most. This was evident during a game against Wilmington Christian on the April 12th, as key hits by Sam Cochran led St. Andrew's to score five times in the bottom of the sixth inning and secure the win. In addition to being an important hitter, Sam Cochran is a key pitcher for the Cardinals. His steady throwing often discombobulates the other team, and his teammate noted, "Yeah, that freshman really knows how to blast 'em. He can make that ball dance." Sam Cochran came into the season knowing to hit and familiar with the rules of the game. One of his coaches observed, "Sam arrived as an already polished pitcher and hitter, which helps make his impact immediate and dynamic." His teammates appreciate his positive freshman spirit, which continually brings the team together. Best of luck to Sam and the entire baseball team for the rest of their season!



NBA Playoffs predictions

PEP RUCKPANICH '13

WHERE WILL AMAZING HAPPEN THIS YEAR?



- 1. Oklahoma City Thunder-** OK, I know exactly what you guys are thinking. However, this Oklahoma City team will show everyone why they are the best team in the NBA. Both of their superstars, Kevin Durant and Russell Westbrook are currently in the race for the MVP award. Their acquisition of Kendrick Perkins is paying off as he provides perimeter defense and size. This young and talented squad will keep Lebron from winning his first title.
- 2. Miami Heat-** For most people, this is the team to beat this year for obvious reasons. Some people might ask, how can you lose when you have the best player in the league, "King James", and arguably the second best player in the league, D-Wade, running the show? However, last year Dallas certainly proved that basketball is a team sport and that you cannot win a championship with 3 players. Nevertheless, Lebron will do everything in his power to earn his first ring and they are definitely the team to beat in the East.
- 3. Boston Celtics-** Everyone has written them off since the beginning of the season because of the aging big three and their lack of depth on the bench. However, they had made it clear that they are still a contender when they beat the Heat two times in a row. Rondo has been coming up big for the Celtics this season with his pass-first mentality and is leading the league in assists. If they can keep themselves healthy during the playoffs, they might be the dark horse to compete for the championship.
- 4. Chicago Bulls-** With the reigning MVP, Derrick Rose, running the show, Chicago has to be in the mix for the title. Chicago ranks 1st in the league in both rebounding and points allowed per game, making them a tough matchup for any team. And don't forget the veteran experience of Rose, Boozer, and Hamilton, three players who typically play their best basketball come playoff season. But without Rose even the getting past the first round of the playoffs is questionable. And with all the minutes the young man is playing we figure that it will be hard to make it through the playoffs without an injury.

Upcoming Home Games

Tuesday 5/8:

Baseball vs. Tower Hill
 Girl's Tennis vs. Friends
 Boy's Lacrosse vs. Shipley (PA)

Thursday 5/10:

Boy's Lacrosse vs. Friends

Saturday 5/12:

Boy's Lacrosse vs. Middletown

Crew Regatta #4

Girl's Lacrosse vs. Charter School

Boy's Baseball vs. Friends

Wednesday 5/16:

Girl's Lacrosse vs. Tatnall

Women's Lacrosse

MOLLY BELK '12 &
 GRACE SALIBA '12

Our first game against Tower Hill was definitely a highlight of our season thus far. After going down 0-2 in the first 2 minutes, the Saints fought back and scored 13 unanswered goals to gain control of the game. A medley of players provided the best defense the Saints have put together this season, crash-

Athletics

Editor—William Maas '12

ing on Tower Hill's drives to goal and getting the ball out of the defensive end quickly and efficiently. The offense, too, was composed and dynamic, with goals coming from seven members of the team. All across the field, the Saints put together beautiful plays that added up to a fantastic effort. Coming off our second win against Tower Hill, we look forward to playing Friends away, as well as Charter and Tatnall home next week.

Men's Crew

ROB RASSMUSSEN '12

As guys crew has discovered this year there are two steps to going fast: looking good and having a clean boat. While originally we would be very concerned with how dirty our new boat Tyrone was getting, we learned to adopt the Alec Hill strategy of bathing once a week. The once weekly bath has in fact become one of David Ashpole's favorite parts of the week. On Friday's he'll run down the stairs of our boathouse yelling "Tyrone dirty, Tyrone bath time." Having a clean boat on race day is one of the reasons why we have been able to go 18-1 on the pond this year and win all the cup races for the first time in over 6 years. While having a clean boat gave us a lot of speed, it was looking good that really put us over the top. Looking good allowed us to set a new school record effectively making us the fastest St. Andrew's boat ever on the pond. During the time we weren't washing our boat we were supporting the girls crew team.



The Cooper Cup

DAVID ASHPOLE '12

This is the tale of the cooper cup,
 Where many a rower, some wise, others pup,

Went paddling along on a blustery day,
 But the wind was blowing them every which way.

With the clearest of eyes and the fullest of hearts

The crews prepared for Jersey-style starts.
 Many an unfortunate Saint crew
 Was unprepared, though they knew
 The start would not be done correct.
 As some Saints sat at the start erect,
 They must have missed the starting call
 Or else they were just not on the ball.

This is the tale of the cooper cup,
 Where many a rower, some wise, others pup,

Ate pizza and subs underneath a tent
 In order to keep all their energy pent
 Up for the race that lay ahead.
 Some played cards and others read,
 But every rower tall and small
 Lay waiting for their race-time call.
 Others went to watch the event
 From a grandstand past the hot-dog tent
 Though it was sunny, by far the worst
 Part of being exposed was the terrible thirst

Caused by the violent sandy storm
 That close-to engulfed the entire form
 Of those standing more than ten feet away
 And all you could do was kneel and pray
 That the dust would find another land
 To torture people with its sand

This is the tale of the cooper cup,
 Where many a rower, some wise, others pup,
 Raced hard and made their school proud
 With vigorous strokes and oarlocks loud
 They pulled and yanked when they heard the beep
 And did not stop though they wanted to sleep
 For some were made to wake that morn
 Early and discontent was born.
 But the Saints overcame their sleep
 And as they began towards the line to creep
 They felt a new strength swell within
 And some Saints found the will to win.

Congratulations to the Boys 1st and 2nd boats and Girls Freshman for winning the Cooper Cup!



Molly Belk goes H.A.M. in her game against Tatnall



Best player in the draft somehow falls to #32, Giants take David Wilson of Virginia Tech

The Cardinal Around Campus

Editor—Alec Hill '12

Insight into a fantastic freshman: an interview with Izzy Navarro

KARA McDONOUGH '12

This quirky and all-around hilarious freshman girl has hit St. Andrew's by storm. From the start of the year when she participated in cross-country, Izzy Navarro drew attention from others with her hysterical stories and by showing no fear when it came to befriending anyone on campus. Her kindness is also a force to be reckoned with; during exams she made cookies every day for her sixty classmates. Izzy Navarro's free-spirited and positive perspective leads her to be a role model for others. She is currently serving as the 3rd form co-President, and her classmates say that they appreciate her strong efforts and constant entertainment. The Cardinal has decided that Izzy was the perfect candidate for this month's spotlight. Here's the full story:

How did you end up at St. Andrew's?

Well my parents thought it would be easiest if I either attended a school close to home, or never had to be dropped off at school again. I thought St. Andrew's was such an awesome place when I visited. I liked the size and the campus a lot. I was happy that the Internet on dorm was controlled, because I could totally see how Wi-Fi in our rooms would be detrimental. Plus, I wasn't thrilled when I visited other schools. So many kids at other schools were texting on their phones and making ridiculous jokes. At one school some kids ran over my grandparents without even saying excuse me! It wasn't a good atmosphere. I'm so glad I chose St. Andrew's because I love it here, I couldn't imagine going to school anywhere else.

What inspired you to make cookies for the entire freshman class?

It began as a crazy idea to feed the whole entire class. Luke Baumann and Chris Gsell said they would help me, and who doesn't want to feed an entire class? I thought it would be a pretty cool way to inspire everyone during exams. I had a lot of free time because I would get back from forestry at 4:30, and I figured it would help everyone stay positive. So I made cookies every day and gave them out during study hall.

Where do you see yourself in 10 years?

Well... 24 years from being born. Hmm. I don't know what I want to work as... maybe a scientist, or an art restorer. Something that involves art and science. Anyway, I want to work in the city. But I live in the middle of nowhere in Frenchtown, New Jersey. It's a really cool place to live even though it gets flooded a lot. It's cozy and I love it. Maybe I could work in my backyard, or I could just have a crazy commute to the city... I definitely want to work in the field of sciences though.

What is your favorite class?

I love art. Coming into St. Andrew's, I couldn't decide which art class to take! I had to take the introduction to arts class, but I also wanted to take drawing and choral scholars and orchestra. I ended up in Orchestra because I play trumpet. Mr. Geiersbach said I might learn play the French horn, too.

What is your favorite memory from freshman year?

I can't really just choose one, because there have been so many great moments. I remember there was one time when Mr. Hyde was substituting for Mr. Everhart. When Mr. Hyde walked in, I asked, "Hey.. Who are you?" He replied, "I am just a random guy that walked off the street." Then completely straight-faced, I told him, "You should probably get out, we are expecting a substitute today!" I have lists and lists of quotes this year though. Here's another Freshman joke: Why do birds fly in a V? For funsies.



Izzy Navarro '15

Tips for healthy living

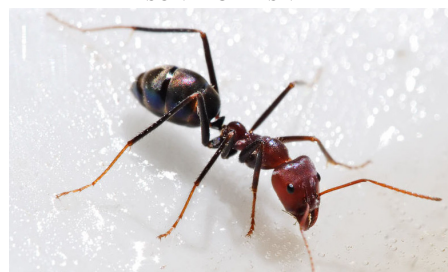
MICHELLE KIM '15

You are in your bed, watching the clock tick past 11:00 pm and you still feel awake. As we all already know, sleep is important and not enough of it makes us feel tired, grumpy, and unhappy. The truth is, the more you think about sleeping and the harder you try to fall asleep, a chain of unending thoughts begins, and you still can't get to sleep. But this can be changed. The most important thing to any healthy life is to eat healthy and exercise. Here are a few tips on getting to sleep faster and getting the energizing night you need for a day at St. Andrew's.

1. Before going to bed (an hour), try eating light meal with low carbohydrates and proteins, like toast with peanut butter, yogurt, or a banana. This will help maximize serotonin levels—helping you sleep and relax
2. Do not look at a computer screen or anything really bright before going to bed. Your brain will actually be fooled into thinking it is not bedtime because of the brightness of the light.
3. In bed, take deep and long breaths, focusing on your breathing. This will help you get your mind off any stressful worries or concerns. Breathing is a great and simple relaxation exercise.
4. Try to avoid taking long naps during the day. Try taking "power naps" which are 15-20 minutes long. Extensive naps will make it harder to get to sleep at night.
5. Try reading a book or listening to music for a few minutes to relax and take you mind of any stressful thoughts.
6. Before going to bed, stretch all the tense parts of your body. Even in bed, you can tense muscles, and then relax them. This helps you relax your body and become more comfortable.
7. The most important thing is to "get tired". Work hard during the day, whether it is homework or sports. Working hard will eventually lead to good night's sleep.

Critters occupy Baum: an interview

MASON DUFRESNE '13



The area on the border of what was formerly known as the Baum bathroom has recently been seized by a group of ants, which we have deemed their "Occupy Baum" movement. I decided to meet the ant ambassador in hopes of making peace. Unfortunately, the spiteful ant group has yet to release an official list of demands. The ant ambassador he told me he could neither confirm nor deny the allegations that the Ants have spread into the common room. He only hinted that the planned operation by the "Baum natives" (students) which has been referred to as "sweeping the colonies away" would be met with extreme hostility.

Here's a transcript of our interview:

MD: Thank you for meeting me! I understand that your movement originated from pizza boxes?

ANT: Yes, our glorious nation has been sustained through various items being left in the bathroom for our consumption.

MD: Interesting... so how do you like the bathroom so far?

ANT: Well it has not all been easy. Sometimes the natives actually throw away food as opposed to just leaving it on the ground politely for us to eat. It's offensive. Yet this problem is nothing compared to the travesty that you call "singing in the shower! It scares us to no end. It's like a cat being strangled, every morning and every night!

MD: So there's no chance you will leave any time soon?

ANT: No, our nation will never fall. We may have our obstacles when you sweep us aside, but we will never go away.

MD: Hmm... have you herd of Insecticide?

ANT: No what's that?

MD: It's this delicious food.... Would you like some?

ANT: Oh definitely!

MD: Okay. Here you go, please make sure to share it with all of your ant friends....

I'm afraid that we are all out of time, though. Thanks for meeting with me!

Shockingly, just days after this interview the ant colonies vanished. It remains unclear what caused their sudden departure.

Green Mein, winning machine

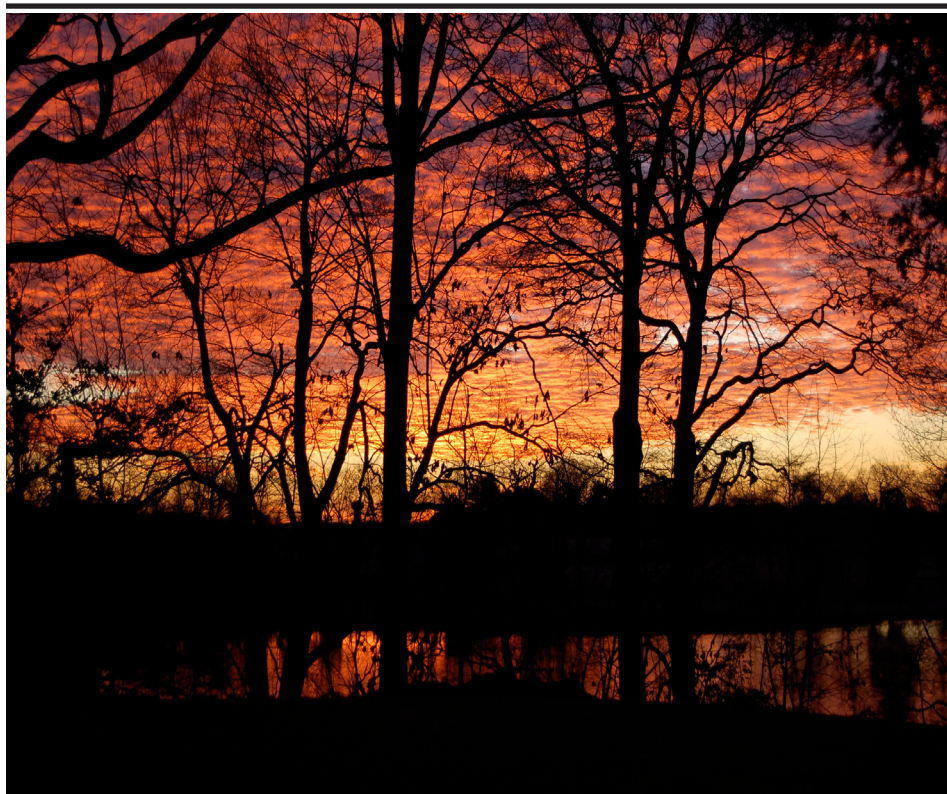
BELLA LILLY '13

We are mysterious. We are isolated. We are intimidating. We are Junior Girls and we do exist. "Why", you ask, "is it, that Mein Dorm is always winning dorm audits?" Frankly, it is because we are winners, and everyone else is a loser. I jest.

First, I should describe how audits are calculated. Each room can get a maximum of three points: one for proper use of the recycling receptacles, one for turning off lights and appliances, and (in the winter) one for closed windows (proper respect of heating systems). The points are then added up and put over the total number of possible points to find the percentage. Mein Dorm has completed a nearly impossible feat by scoring 100% (no points lost for any rooms) more than any other dorm this year.



So what is it that makes us so environmentally conscious? Is it that we simply "Dominate...Incredible..." (Dr. McLean)? Well, yes. However, it is the spirit and energy that has been instilled in us at St. Andrew's to live as simply and compassionately as we can in a complicated world. Ultimately, I should not be telling you that we win because we are competitive and obsessed with winning (though it is arguable that some of us really are). As a dorm, we unite on a subconscious level that supports sustainability; one of the main things that we as St. Andreans strive for in our day to day, month to month and year to year life.



Sunrise over Noxontown Pond

Around Campus

The Cardinal

Editor—Alec Hill '12

Triathlon trainers

EUNICE SONG '14



Around four o'clock every afternoon, you may have seen three cyclists speeding away from campus to hit the roads. Though unidentifiable beneath their helmets and sunglasses, Lucy Copper, Cesca Fleischer, and Ms. Phelan have been training fiercely and consistently for the past seven weeks. Following Ms. Phelan's chapel talk this winter, these two seniors approached Ms. Phelan, a veteran racer, to advise and guide their training for Spring IPs. While Ms. Phelan had not participated in a triathlon in the past two years, she was inspired by the girls to pursue her passion once again. They chose the New Jersey Devilman Triathlon, which was scheduled for Saturday, May 5. It consists of a 0.4 mile swim, 20.5 mile bike, and concludes with a 4 mile run. While Ms. Phelan expressed that the greatest challenge has been "maintaining a balance between short and long-term training," she also believes that the girls are fully prepared to take on this challenge. "I've really loved our training sessions," said Ms. Phelan, explaining that it has allowed her the opportunity to get away from campus and have a time of reflection and connection with her trainees. Cesca Fleischer described her training experience as "a true mental and physical feat," all tough, exciting, and incredible. She explained that the trio learned to expand their boundaries and are extremely excited to discover and show themselves what they are capable of. As Lucy Copper said, "It's been fantastic and inspiring. I've never done this before, but I've discovered more about myself through this training." We applaud the dedication, determination, and passion of these triathletes and wish them more than luck in the coming weeks of final training and beyond.

Dance gets even better

CINDY JUNG '15

The previous dance studio in the Arts Center is neat and dainty, but the new dance studio provides an incredibly more open practice space for aspiring dancers at St. Andrew's. Its floor is covered with a grayish, thin, and soft layer that prevents injuries from colliding with the otherwise hard dance floor, and the front wall of the room is covered with mirrors. The back wall is partially covered with mirrors, and the big windows overlook the paths in between the art center and the Amos lecture hall. Spring is the best time of the year to reap the benefits and the beauty of this new dance studio because the luscious sunlight shines through the windows and

you can leisurely watch St. Andrew's students and faculty walking through the paths, most frequently heading to the gym. As a student of Dance 1 myself, the fact that the new studio is more than twice the size of the old one definitely heightens my mood and motivates me during dance class. The spaciousness of the room encourages me to express my internal feelings through dance more eagerly, and the abundance of mirrors helps me read my movements and technical errors better, thus efficient learning. Since the new studio emanates a magically relaxing and peaceful nuance, it would also be a great place to find solace after an exhausting day, or to spend some time practicing yoga or reading. It would be accessible to all the St. Andreans, as long as we all make sure not to wear outdoor shoes on the dance floor or do any activities that might damage or leave scratches on it. It's our responsibility to preserve its newest and cleanest state as long as we can.

Spring is all about the new

MONIHER DEB '15

Springtime comes with new life of all sorts, including the new additions to our St. Andrean family! Wilson Christian Everhart IV, Tate Aven Ruth Alleyne, and Abigail Wren Tower are all recent additions to our community. With this, it definitely makes sense to explore proper babysitting etiquette. What does one do when these children are finally of age to be babysat? What would be fun and enjoyable for the both parties involved? The most important part of babysitting is to give the child undivided attention and never ignore them. Outdoor playtime is also great because it provides some exercise and lots of laughter, especially with such nice weather. Playing tag, throwing a Frisbee, and teaching a child to ride a bike are all fun activities to do outside. While outside, provoke the child's interest by looking at nature more closely with a mini scavenger hunt. Look for small collectable things to take home and to use as decorations for arts and crafts time. Arts and crafts also present the perfect opportunity to teach the child how to make small cards and notes for his or her parents as a present to show their love and appreciation. If allowed, try making some quick and easy snacks with the child that are just as fun to make as they are to eat, like a smiley-face fruit salad! Yum! Playing make-believe games is the best! Pretend to be some characters in the child's favorite show. But if he or she gets too anxious or throws a temper tantrum, don't lose your cool! Get down on their level, by literally meeting the child eye-to-eye to tell them that what they are doing is not right. Ask them to think about what happens to others when they create such a ruckus. Always try to tell the child the truth, as appropriately as possible due to age, to teach what is wrong and right. Not only does this prove the babysitter prove as lovable, but also as a role model! Don't forget to have some fun under the hot spring sun!



Senior girls enjoying spring on the lawn

Top 10 best dressed students

HELEN CAMMERZELL '13, BETSY NEILL '13, & LIZA TARBELL '13



1. Liz Pomeroy
2. Emilia Cobbs
3. Melina Jorizzo
4. Charlotte Bristow
5. Ramsey Shindell
6. Aly Salba
7. Louise Marks
8. Lillie Carlson
9. Grace Benjamin
10. Emily Grohs

1. Sangmin Kim
2. Peter D'Agostino
3. Buie Fox
4. Pranav Singhania
5. Ben Egan
6. Sky Jones
7. Espen Christofferson
8. Austin Salley
9. Bobby Miller
10. Ben Kang

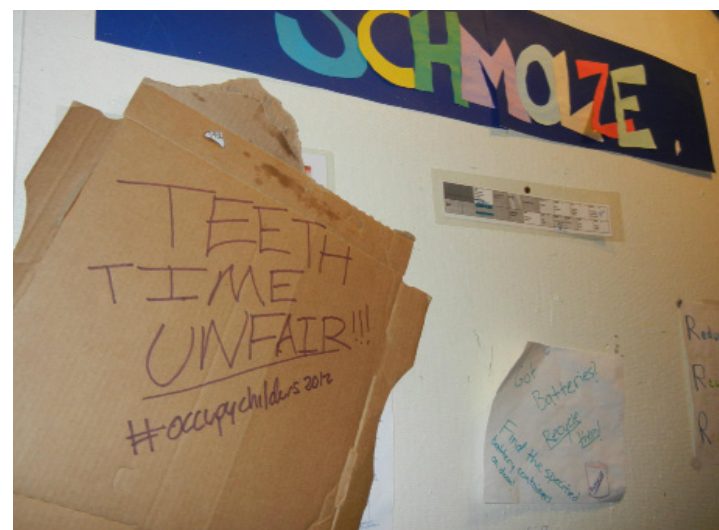
Occupy

Continued from p. 1

easily. Occupiers turned this ping-pong table obstruction into an advantage. They marched straight to Childers (then engaged in ping-pong, the game of the Schmolze 1%), surrounded his beloved ping-pong table, slammed signs on it in protest, waved placards in the air, and marched around the table chanting their demands. The occupiers quickly settled down and convened a general assembly to voice their grievances. When asked

backed for the movement, even aiding by supplying equipment and later calling the movement "the greatest act of Social Justice in the history of the school." #Occupychilders2012 breached all social and geopolitical divisions. Perhaps this is evidenced by Marcus S. Bailey '11 sending his regards for the movement from Davidson, North Carolina. He calls it "the only occupy movement I approve of." The movement was labeled a 'model dorm function' in Residential Life meetings; rising seniors are being encouraged to organize similar movements. Without even pitching tents, the occupiers forced the 1% to cave to their demands. "Tonight was a great victory for #occupychilders2012" says one of the two senior organizers. "We won an extra 10 minutes of teeth time, smoothies for all, and the return of the 99%'s Ping-Pong privileges. I am very happy with these results!" When asked if this movement will spread to other dorms the organizers warned that "if conditions of Fleming don't improve #occupyflaming2012 may be in the works for the future."

later about how he felt about the accusations being made against him, the 1% of Schmolze replied, "Pretty good. I don't think I've ever been honored like that before." Madame Mary H. Kelly, the only female member of the Classics Department, was also present to support the 99%. The Dean's Office too



Participants in the Occupy Childers movement constructed posters to voice their frustrations

The Cardinal

ODDs & ENDS

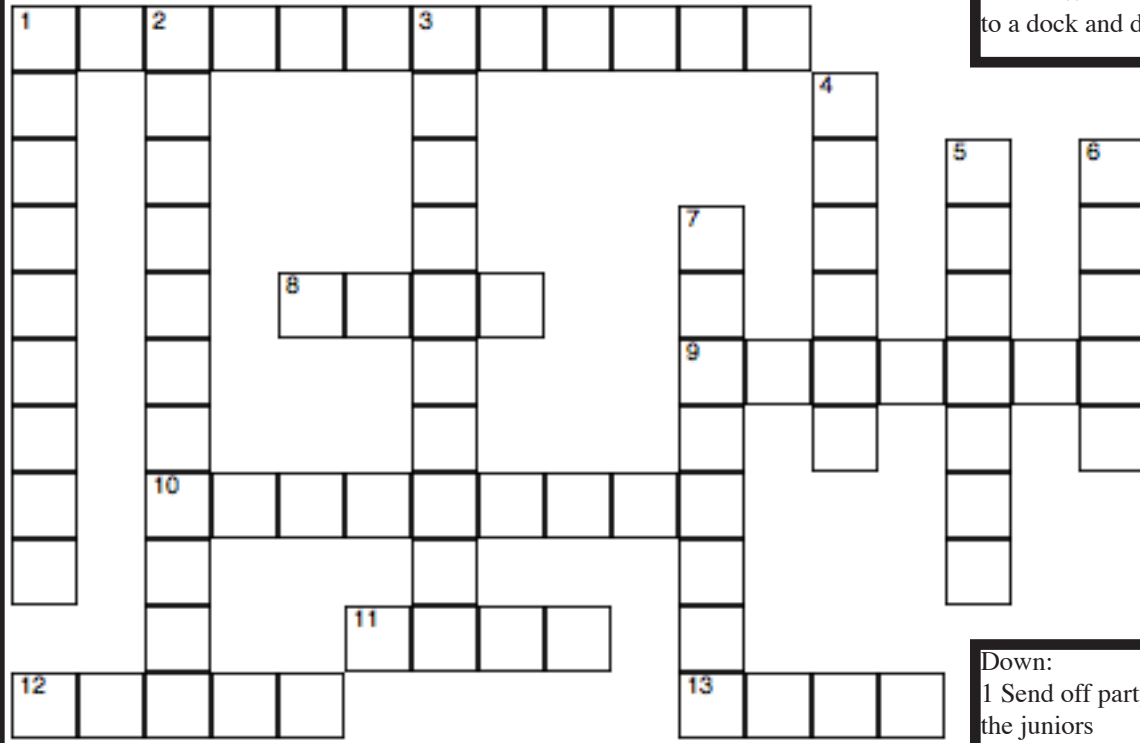
A Letter from the Editors

Dear Readers,

Yes, the Cardinal does still exist. After an incredibly busy winter, we are back to deliver two final issues before the year is up. This issue, unfortunately, will be the last that the Class of 2012 will be involved in. That being said, we are confident in the leadership that we have chosen from the Class of 2013 to head the Cardinal into the future. As always, we would love to hear more from all of you as we will always value your input on St. Andrew's life. The Cardinal will always be the spot for students to voice their opinions. Thank you for a wonderful year!

With love,
The Senior Editors of 2012

Cardinal Crossword

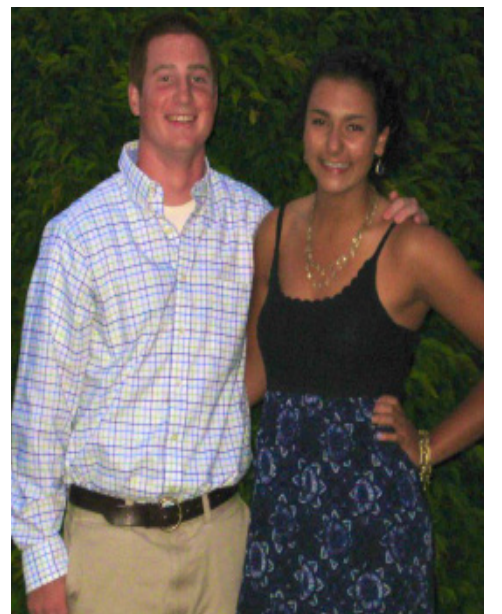
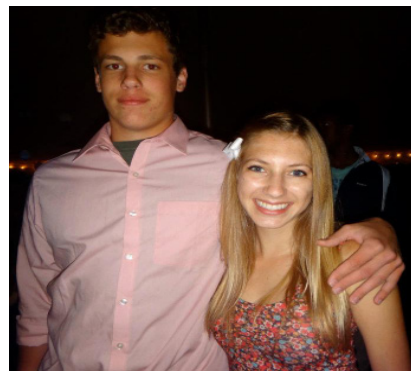
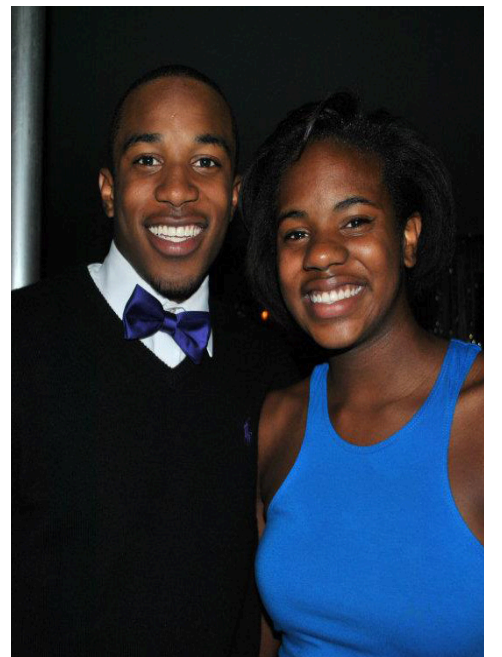


Across:

- 1 Story read during Earth Day Chapel
- 8 Most recent men's dorm audit winner
- 9 Wrote a love ballad for Grace Seekins
- 10 Asked to Prom by a flash on roller skates
- 11 Terrell appreciated his inspirational notes during basketball season
- 12 Ms. Hasting's Dog
- 13 Bill Wallace's waterfront slogan "six to a dock and don't ____"

Down:

- 1 Send off party for the seniors hosted by the juniors
- 2 SAS tradition to kick off the new school year
- 3 This year's prom theme
- 4 Name of the newest men's crew boat
- 5 First country visited on the Choral Scholars tour
- 6 Spring Free Day, also called Spring ____
- 7 Breed of the new Roach puppy



THE CARDINAL THANKS THE SENIOR CLASS FOR AN INCREDIBLE PROM WEEKENED!